

Castino Care & Material Guide Lycra Fabric

Welcome to Castino - and thank you for choosing handmade quality. Your item has been crafted with care to be soft, safe, and long-lasting. Below you'll find all the information you need to keep it looking beautiful.

Lycra Fabric (Spandex / Elastane)

Lycra is a high-stretch fiber added to fabrics to give them flexibility, comfort, and excellent shape retention. It's commonly blended with cotton, polyester, or nylon to create soft, stretchy garments.

Care Instructions

- Machine wash on **cold** using a gentle cycle.
- Use **mild detergent** — avoid bleach and strong chemicals.
- Do **not** use fabric softener (it breaks down the stretch fibers).
- **Air dry** for best results; or tumble dry on **low heat** only.
- Avoid high heat in both washing and drying — heat damages elastic fibers.
- Do not iron directly; if necessary, use a **low heat** setting with a cloth on top.
- Keep away from radiators, heaters, and direct sunlight during drying.

Material Benefits

- Superior stretch and recovery
- Comfortable and form-fitting
- Helps garments maintain their shape
- Lightweight and smooth
- Perfect for activewear, leggings, fitted tops, and baby clothing

Important Notes for Lycra Fabric

- High heat causes lycra to lose its stretch — always wash and dry on **low or cold settings**.
- Avoid rough surfaces that can snag the fabric.
- Wash items **inside out** to protect the elastic fibers.
- If blended with cotton or rib knit, lycra makes the garment more durable and better fitting.
- Do not wring or twist if hand washing; gently press out water.

Need Help?

If you have questions or need specific care advice for your item, feel free to contact us:

Contact@castino.co.uk

